

Restoring Hope & Grace for the Broken – Book Club Questions

Unplanned Pregnancy and Life Choices



*This guide is intended for book clubs who want to explore **Restoring Hope** and **Grace for the Broken** in a thoughtful, compassionate way. The questions focus on the stories of Ruby and Mia who are navigating an unplanned pregnancy, the characters who support them, and the emotional experience of decision-making during uncertainty.*

Participants are encouraged to share only what feels comfortable; listening is as important as speaking.

Warm-up question (optional):

- What were you most curious about as you started reading *Restoring Hope* or *Grace for the Broken*?

1: Ruby's Experience and the Weight of Choice

- How would you describe Ruby's emotional state when she first shares that she is pregnant in *Restoring Hope*?
- Which scenes best captured the complexity or heaviness of her decision for you?
- Did you find yourself empathising with Ruby, even when you didn't fully agree with her thoughts or reactions?

(Facilitator's note: Keep the focus on Ruby rather than debating "right" outcomes.)

2: Support, Influence, and Being Heard

- Ruby and Mia become surrounded by people who care about them. Which forms of support felt most helpful to you as a reader?
- How does the novel show the difference between offering guidance and applying pressure?
- Were there moments where simply being listened to seemed to help Ruby or Mia gain clarity?
- In *Grace for the Broken*, Ruby comes alongside Mia to share her story. How important might it be for young women in this situation to hear from others who have walked a similar road?

- In *Grace for the Broken*, Hope, Ruby, Rowena, and Eve all support Mia in different ways. How can we offer practical support to women facing unplanned pregnancies? What do you think motivates their desire to be supportive?
- Eve has important wisdom to share with both Ruby and Mia in these novels. How can we more effectively offer wise support to young women facing an unplanned pregnancy?

3: The Past, Fear, and Self-Doubt

- How do Ruby's past experiences shape how she views herself and her options?
- What fears seem to hold the most power over her?
- How did the novel show that old wounds can resurface during major life decisions?

4: Expectations, Motherhood, and "Getting It Right"

- How do the different characters like Nova and Hope challenge common assumptions about readiness, responsibility, or what makes a "good" parent?
- What pressures—internal or external—do Ruby and Mia feel around making the "right" choice?
- How do these stories push back against the idea that life decisions should be neat or certain?

5: Hope, Trust, and Moving Forward

- How does Ruby's understanding of hope change by the end of *Restoring Hope*?
- What role do trust and self-belief play in her growth?
- Do Ruby's and Mia's final decisions feel more like an ending, a beginning, or something in between?
- What do you think about the choice that Mia made for her baby at the end of *Grace for the Broken*?

6: Exploring Practical Outcome Options for Unplanned Pregnancies

- What do you think about Eve's discussions with Ruby and Mia about options (in terms of fostering, adoption, and guardianship) for young women who are considering carrying an unplanned (and possibly unwanted) pregnancy to birth?

- Do you think the pro-life debate is seen by the general public as having only a focus on ending abortion or is balanced by the message that there is help and support available? How could we help to spread awareness about support to those facing this situation?
- If you were faced with someone confiding in you that they were unexpectedly pregnant, or that they were hurting after previously having an abortion, do you know how you would respond? Are you aware of where you can guide someone to for support?

Closing Reflections

Choose one or two:

- Did either of the books shift how you would think about supporting someone facing an unexpected or life-altering decision?
- What do you think people need most from others when they're facing a significant life-altering decision and feel overwhelmed or unsure?

Optional Gentle Closing

- If these stories were to offer one message about navigating the uncertainty of an unplanned pregnancy, what would you say it is?

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Example Organisations Providing Support

- Pregnancy Help Australia - [Pregnancy Help Australia - Free Services](#)
- [Diamond Women | Unplanned Pregnancy Support & Counselling](#)
- [Unplanned Pregnancy Support Groups | Embrace Grace](#)
- [Help Options for Unplanned Pregnancy | American Pregnancy Association](#)
- [Babes Pregnancy – Teenage Pregnancy Support - Babes Pregnancy – Teenage Pregnancy Support](#) (Singapore)